

Who is Consumers for Affordable Health Care

Support for Enrollment Professionals

October 7, 2025

Rachel Collamore, Consumer Assistance Program Manager
rcollamore@mainecahc.org

Helen Roy, Education and Outreach Coordinator
hroy@mainecahc.org



Consumers for Affordable Health Care

1-800-965-7476

**Our mission is to advocate the
right to quality, affordable, health
care for every person in Maine.**



HelpLine – 1-800-965-7476

Call CAHC's toll free helpline for:

- Eligibility screening questions
- MaineCare application assistance, Marketplace enrollments, and Marketplace Plan Selection
- Safety net application assistance (Hospital Free Care, sliding scale clinics, prescription drug assistance programs)
- Shareable Educational Materials
- Navigating denied insurance claims
- Inaccurate MaineCare determinations
- Overflow (when call volume is high or you cannot provide an enrollment appointment)



CAHC's Website

Resources [for Enrollment Professionals](#) can also be found on our website:

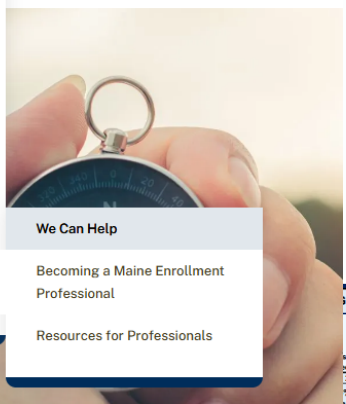
- Enrollment Professional resources, including our [Health Coverage Income Eligibility Guidelines \(FPL\) Chart](#) can be found on our [Resources for Professionals](#) page
- Consumer friendly Information sheets regarding MaineCare, Marketplace, Hospital Free Care, Dental Clinics and more can be found at our [Share Our Materials](#)



WHO WE ARE CONSUMER ASSISTANCE ADVOCACY GET INVOLVED NEWS & EVENTS



- Need Health Coverage? >
- Confused about your coverage? >
- Coverage Denials and Appeals
- Need Help Paying Bills? >
- Assistance for Immigrants >
- For Enrollment Professionals >
- Common Health Insurance Terms



- We Can Help
- Becoming a Maine Enrollment Professional
- Resources for Professionals

For Enrollment Professionals

Resources for Professionals

Family Size	1		2		3		4		5		6		7		8	
	Yearly	Monthly	Yearly	Monthly	Yearly	Monthly	Yearly	Monthly	Yearly	Monthly	Yearly	Monthly	Yearly	Monthly	Yearly	Monthly
1	3,305.00	275.42	3,305.00	275.42	3,305.00	275.42	3,305.00	275.42	3,305.00	275.42	3,305.00	275.42	3,305.00	275.42	3,305.00	275.42
2	15,650.00	1,304.17	15,650.00	1,304.17	15,650.00	1,304.17	15,650.00	1,304.17	15,650.00	1,304.17	15,650.00	1,304.17	15,650.00	1,304.17	15,650.00	1,304.17
3	21,150.00	1,762.50	21,150.00	1,762.50	21,150.00	1,762.50	21,150.00	1,762.50	21,150.00	1,762.50	21,150.00	1,762.50	21,150.00	1,762.50	21,150.00	1,762.50
4	26,650.00	2,220.83	26,650.00	2,220.83	26,650.00	2,220.83	26,650.00	2,220.83	26,650.00	2,220.83	26,650.00	2,220.83	26,650.00	2,220.83	26,650.00	2,220.83
5	32,150.00	2,679.17	32,150.00	2,679.17	32,150.00	2,679.17	32,150.00	2,679.17	32,150.00	2,679.17	32,150.00	2,679.17	32,150.00	2,679.17	32,150.00	2,679.17
6	37,650.00	3,137.50	37,650.00	3,137.50	37,650.00	3,137.50	37,650.00	3,137.50	37,650.00	3,137.50	37,650.00	3,137.50	37,650.00	3,137.50	37,650.00	3,137.50
7	43,150.00	3,595.83	43,150.00	3,595.83	43,150.00	3,595.83	43,150.00	3,595.83	43,150.00	3,595.83	43,150.00	3,595.83	43,150.00	3,595.83	43,150.00	3,595.83
8	48,650.00	4,054.17	48,650.00	4,054.17	48,650.00	4,054.17	48,650.00	4,054.17	48,650.00	4,054.17	48,650.00	4,054.17	48,650.00	4,054.17	48,650.00	4,054.17

Each additional person add:

Yearly	Monthly
160.00	13.33
688.00	57.33
250.00	20.83



WHO WE ARE CONSUMER ASSISTANCE ADVOCACY GET INVOLVED NEWS & EVENTS



Get Involved


Share Our Materials








CAHC's Assister List Serv

- Safe place where assisters from around the state can post questions or comments about MaineCare, the Marketplace, or health plans.
- updates from CoverME.gov about the Marketplace and the Office for Family Independence regarding MaineCare.
- Connecting with other assisters/navigators to find local help with an enrollment.

[Maine-Assisters] Health Care for Maine Conference



'Helen Roy' via Maine ACA Assisters <maine-assisters@googlegroups.com>
To: maine-assisters@googlegroups.com


 Reply
  Reply All
  Forward
 


Tue 9/30/2025 9:21 AM

Good morning, Everyone!

Consumers for Affordable Health Care and the Health Care for Maine coalition is hosting the **Health Care for Maine Conference** on **Tuesday, October 7, 2025** at the Augusta Civic Center.


More information and the link to register can be found here: <https://mainecahc.org/news-events/trainings.html/event/2025/10/07/health-care-for-maine-conference/528186>

If you're interested in a scholarship, please use the "Scholarship Request" link in the [registration form](#).

Hoping to see you there!

Thank you!

Helen Roy
Education and Outreach
Coordinator
(she, her, hers)
[Wonder why pronouns matter?](#)
1-800-965-7176



You can request permission to be added to the [Assister List Serv here](#).

Upcoming Trainings

Marketplace Basics October 9, 2025

Explains eligibility for Marketplace plans, Premium Tax Credits and Cost Sharing Reductions. Explain insurance plans metal levels and costs. Eligibility for Special Enrollment Periods.

Employer Sponsored HRAs – ICHRAs (becoming CHOICE Arrangements) and QSEHRAs October 14, 2025

Covers Health Reimbursement Arrangements (HRAs) that may be offered by employers in lieu of traditional health insurance. Explains how Individual Coverage HRAs and Qualified Small Employer HRAs impact eligibility for Premium Tax Credits.

Assister Round Tables October 16 or 21, 2025

Guests from the Office of the Health Insurance Marketplace join CAHC and WMCA to provide updates on what is staying the same and what is changing for Maine's Marketplace.

CAHC's Annual Health Insurance Plans Webinar October 30, 2015

Representatives from the four insurance carriers with Marketplace plans join CAHC and WMCA to provide Assisters with information on 2026 health plans.

[Registration](#) is open for these trainings. To inquire about scholarships, email education@mainecahc.org.

Advocacy

CAHC's advocacy work is driven by what we learn from consumers and assisters.

CAHC is Maine's Health Insurance Consumer Assistance Program.

- Designated by Maine's Attorney General to provide enrollment assistance and private insurance appeal support to consumers facing a denial by their health insurance plan.

CAHC is the MaineCare Ombudsman.

- Provides support with MaineCare eligibility screening and application assistance, help with MaineCare denials and barriers to accessing services.

Providing feedback to DHHS/MaineCare/OHIM

- MaineCare Advisory Committee
- MaineCare Beneficiary Advisory Committee
- MaineCare Community Partners
- Office of the Health Insurance Marketplace (oversees CoverME.gov).

We're here to help.

www.maine cahc.org



HelpLine: 1-800-965-7476

helpline@maine cahc.org

Rachel Collamore, Consumer Assistance Program Manager
rcollamore@maine cahc.org

Helen Roy, Education and Outreach Coordinator
hroy@maine cahc.org or education@maine cahc.org



**Consumers for
Affordable
Health Care**

Thank You!

Let's stay connected!



**Consumers for
Affordable
Health Care**

Advocating the right to quality, affordable
health care for every person in Maine.

Maine's Health Insurance Consumer
Assistance HelpLine 1-800-965-7476

www.maine cahc.org

helpline@maine cahc.org

