

HelpLine

1-800-965-7476

All calls are free and confidential



Consumers for Affordable Health Care (CAHC) is a Maine-based, nonprofit organization committed to helping all Maine people get quality and affordable health care.

CAHC is not a government office or an insurance company

Free and confidential help with health coverage options



Consumers for Affordable Health Care

HelpLine

1-800-965-7476

helpline@mainecahc.org

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PO Box 2490
Augusta ME 04338



mainecahc.org



Consumers for Affordable Health Care

Maine's Health Insurance Consumer Assistance Program

Free and confidential help with health coverage options

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**Consumer
Assistance
HelpLine
1-800-965-7476**



HOW WE CAN HELP:

- understand your health insurance options and eligibility
- apply or enroll in MaineCare or Marketplace insurance coverage
- understand your rights and how to appeal if your health insurance company denies a claim
- find programs that may help with health care and prescription drug costs



**Consumers for
Affordable
Health Care**

**Maine's
Health
Insurance
Consumer
Assistance
Program**
mainecahc.org

**WE'RE HERE
TO HELP**

**Reliable information
from trained experts**

Call us!

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At Consumers for Affordable Health Care, we prioritize diversity, equity, inclusion, belonging, and accessibility.

Health Care Resources

Our list of resources provides helpful information on health care programs and eligibility to help meet the health care needs of all Mainers.

Find factsheets and flyers on our website, mainecahc.org, with information about health care and coverage programs.

Training & Education

Join our experts for in-depth, up-to-date trainings for professionals on MaineCare eligibility, the Marketplace, private insurance, and health coverage programs.

Customized workshops & presentations available

