

Key Findings

Most Mainers believe that just one major medical event or illness could cause a financial disaster.

- Almost six out of ten Mainers with commercial insurance are concerned that they will experience a gap in their coverage because they cannot afford health insurance.
- More than one in three Mainers skipped or delayed going to the doctor when they were sick due to costs.
- One in four Mainers, cut pills in half, skipped doses of a medication, or delayed or did not fill a prescription due to cost.
- More than four out of ten Mainers have medical debt in their household.
- Nearly one in three Mainers were contacted by a collection agency within the past two years due to a medical bill. Of those who had been contacted by a collection agency, 83% reported it was due to a hospital bill.
- Nearly one in two Maines adults found it difficult to figure out what they qualified for and enroll in coverage.