



**THE CENTURY
FOUNDATION**

Federal Health Policy Changes:

Implications for Maine

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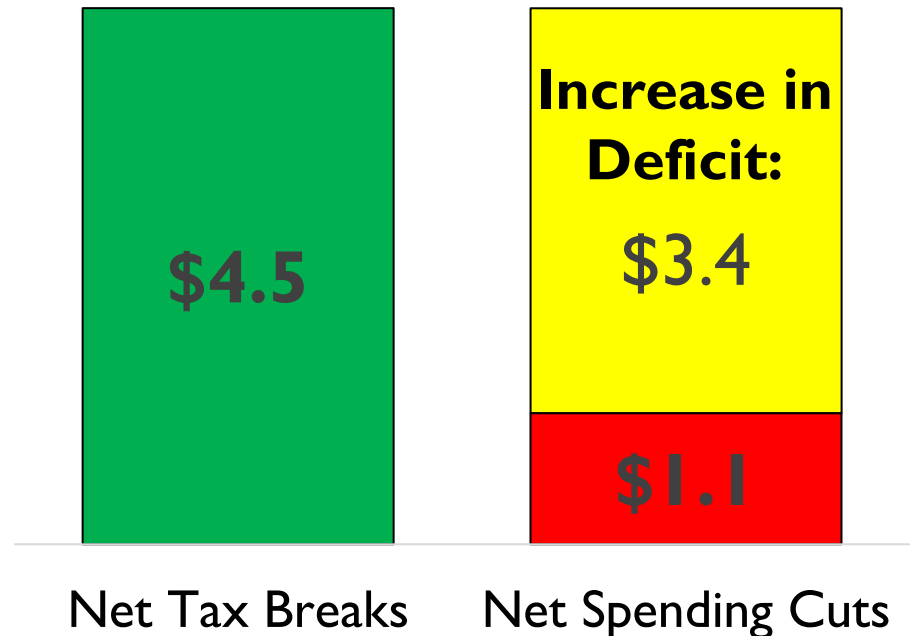
How H.R. 1 Came Together: Formerly Known As The One Big Beautiful Bill

Rationale:

- **Extend tax breaks ending in 2025**
- **Fund defense, homeland security**
- **Raise the debt ceiling: July deadline**

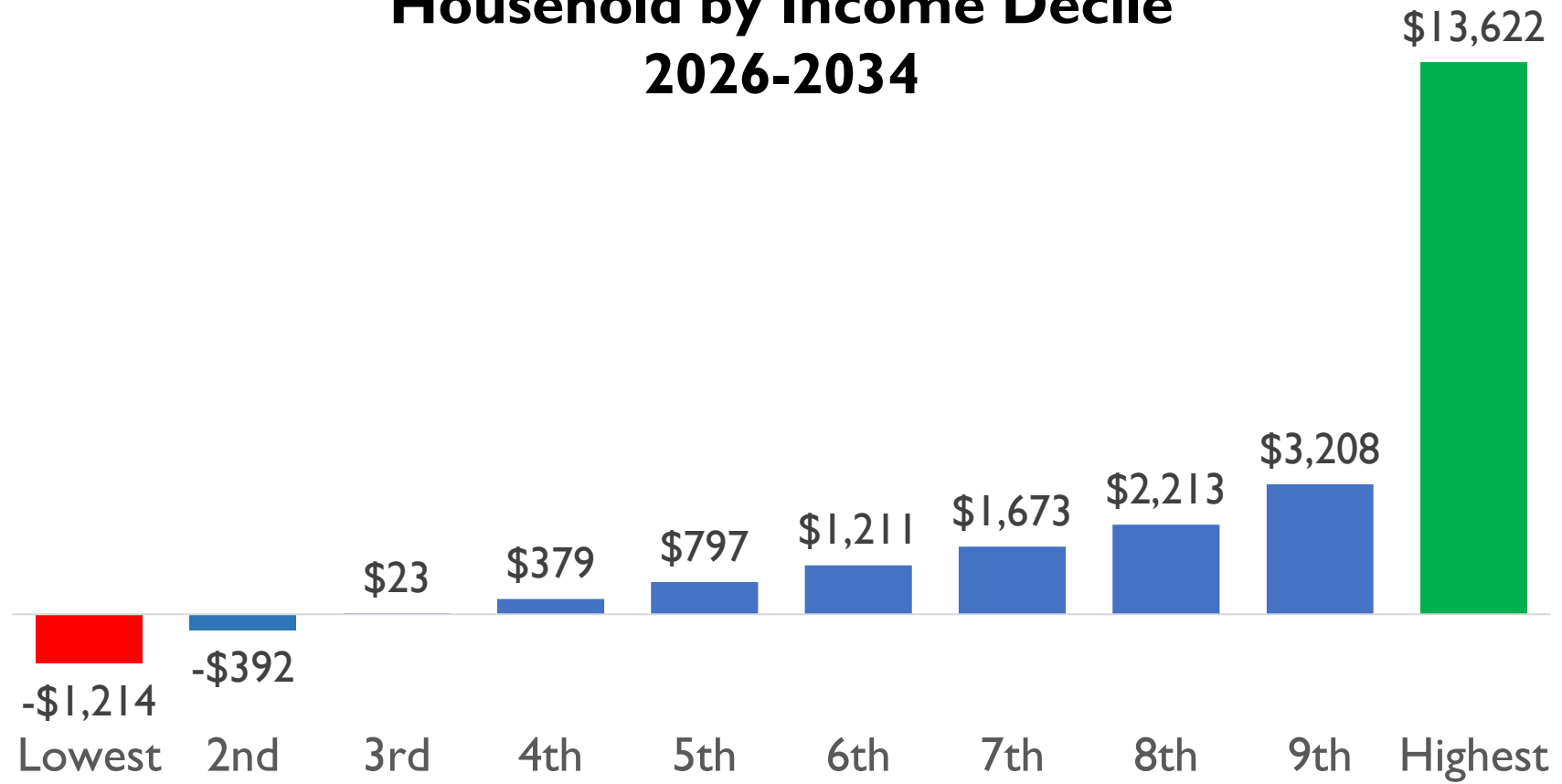
Numbers:

Change in Federal Budget
Dollars in Trillions, 2025-2034



Distributional Analysis: Low-Income Households Lose and High-Income Households Win Under H.R. 1

Average Annual Change in Resources per Household Household by Income Decile 2026-2034



Source: Congressional Budget Office, [August 11, 2025](#).

Among Biggest Health Care Laws: Compared to the Affordable Care Act

H.R. 1

- **\$1.1 trillion in health spending cuts** (10 years)
 - \$990 billion from Medicaid
 - \$213 billion from the ACA Marketplace
 - No hearings, no bipartisan amendments

Affordable Care Act (2010 dollars)

- **\$788 billion in health spending investments**
 - More than fully offset
 - Publicly debated: Hearings, 153 bipartisan amendments



How Will Health Spending Be Cut

What Wasn't Done:

- **No structural changes**
- **No Medicare savings**
- **No savings from:**
 - Insurance companies
 - Pharmaceutical companies
 - Excessive prices

What Was Done:

- **Target “fraud”**
 - Legal immigrants
 - Work requirements
 - Verification
 - State funding mechanisms
- **“Obamacare” focus:**
 - 58% (\$526 billion) of Medicaid savings from policies only affecting ACA expansion states

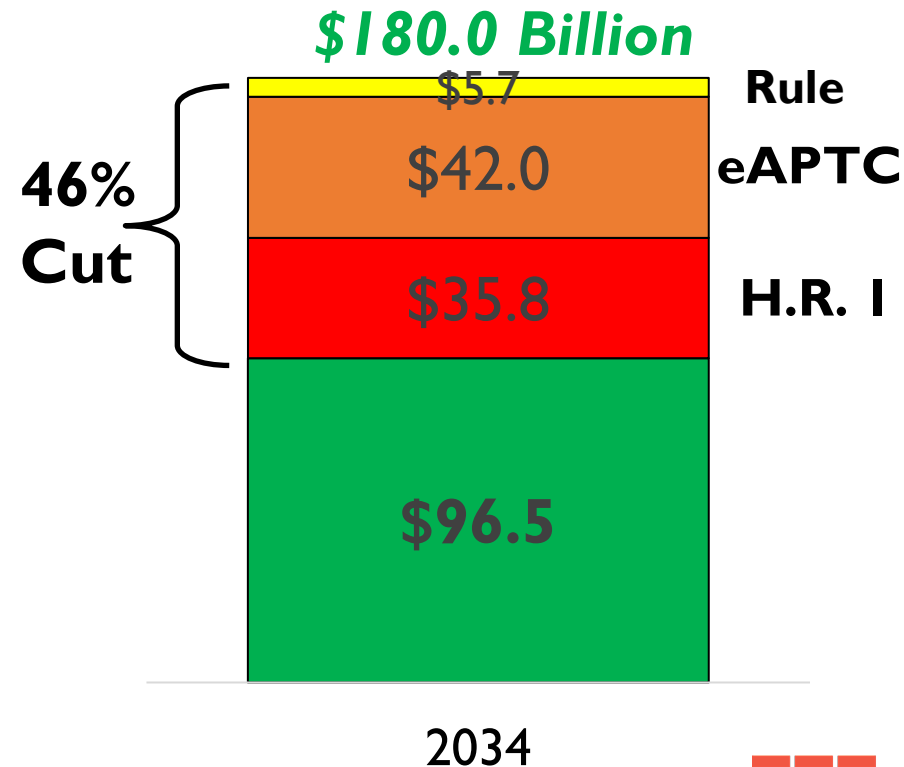
Health Cuts Beyond H.R. 1

Premium Tax Credits, Rule Changes, Etc.

Other Changes:

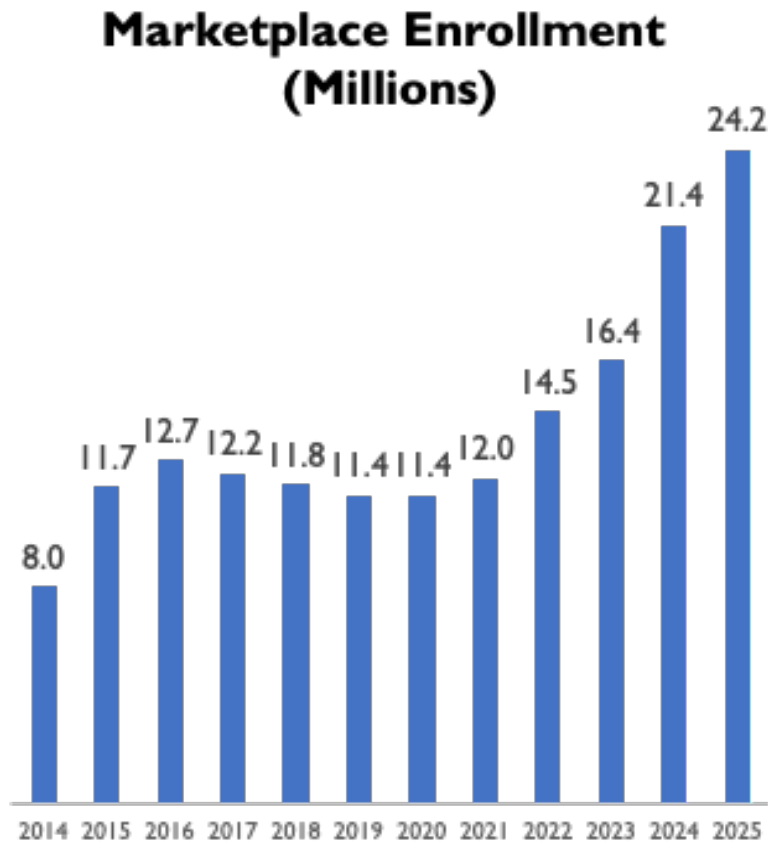
- Lapse of enhanced premium tax credits
- Rule changes – some of which were blocked
- Other cost drivers:
 - Tariffs
 - Drug costs
 - Uncertainty

ACA Subsidies Before & After Change



First Up: ACA Marketplace

Recent Success

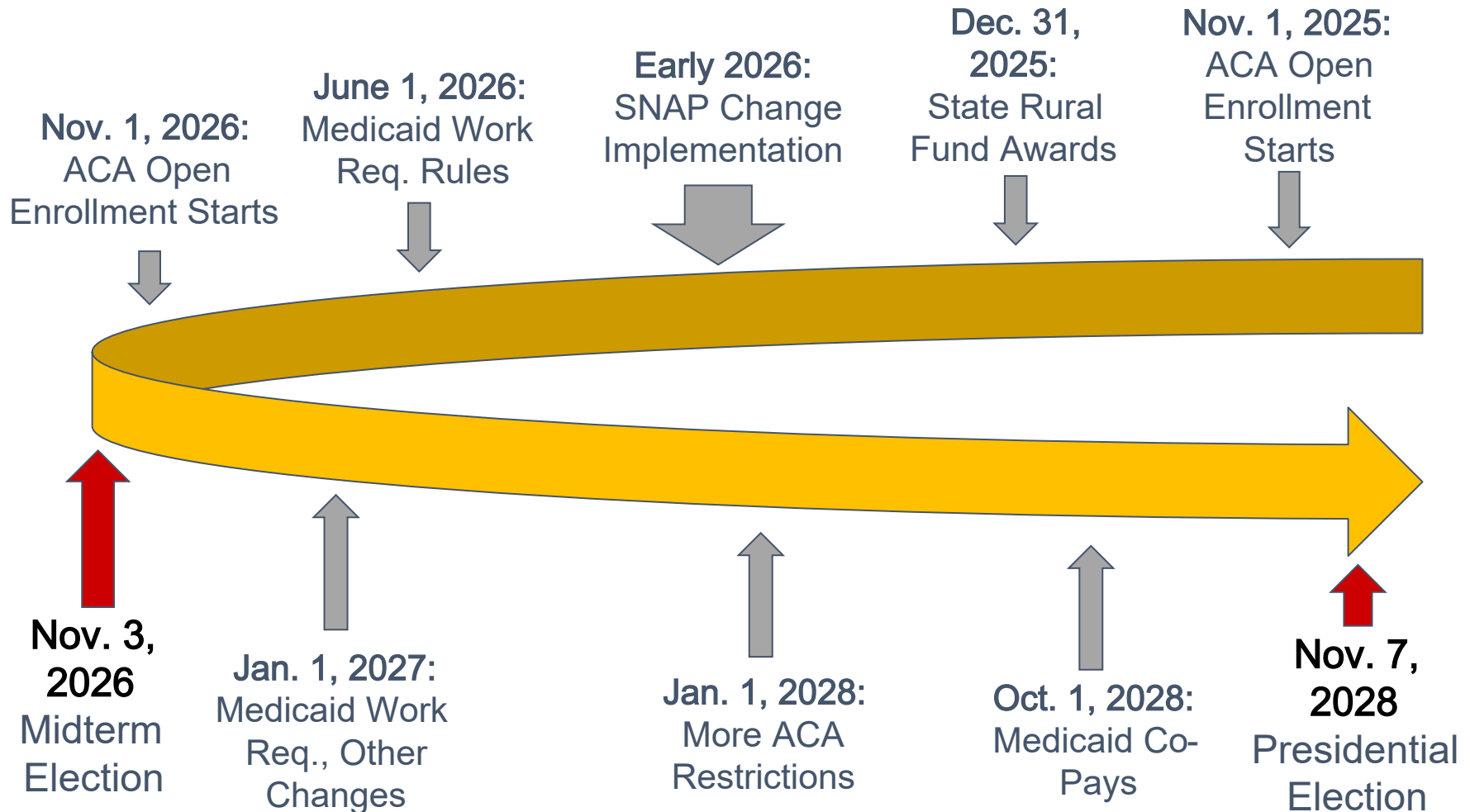


Imminent Changes

- **Next <3 months:**
 - Finalize premiums
 - Reduced tax credits
- **Nationwide Impact:**
 - Overall premiums up by 18%: 6 times inflation
 - Over 20 million pay on average over twice as much out of pocket

Rest of the Timeline:

One Big Beautiful Bill

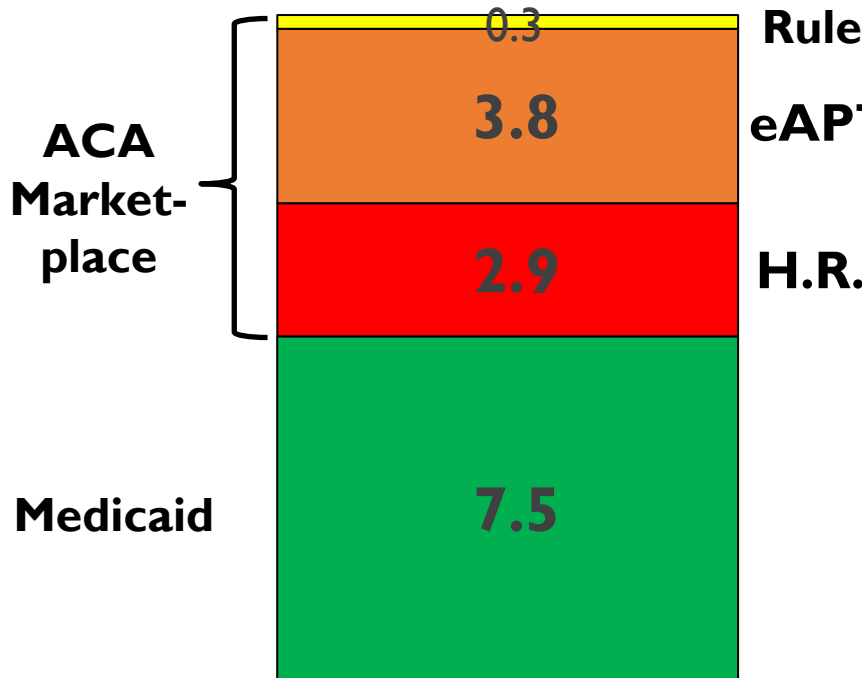


Future Without Change

Over 50% Increase in Uninsured Americans

14.5 Million More
Uninsured

People in Millions



2034

But Change Is Possible:

- **Current budget debate**
- **States next year**
- **H.R. 1**
- **Different composition, priorities in Congress, White House**