


2024 Consumers for Affordable Health Care

We Can Help.

1-800-965-7476




**Consumers for
Affordable
Health Care**

March 2024

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2024 Consumers for Affordable Health Care

We Can Help

We can help with screening and applying for health coverage including:

- MaineCare coverage at mymaineconnection.gov
- Marketplace Coverage at CoverME.gov
- Sliding Scale and Free Care services at hospitals and clinics

We can help find resources for health services, such as:

- Hospital Free Care
- Care at Sliding Fee Clinics
- Prescriptions

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Coverage Options



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MaineCare

- No cost or low-cost health coverage that pays for doctor visits, hospital care, prescriptions and more
- Family size, current monthly income, immigrations status and other factors determine what your health coverage options are
- Apply all year at [MyMaineConnection.gov](https://www.mymaineconnection.gov)
- Pregnant people and children maybe eligible regardless of immigration status if they meet income guidelines.

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Coverage Options




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Marketplace – CoverME.gov

- Health coverage that pays for doctor visits, hospital care, prescriptions and more
- Most people can get help paying for it.
- Family size, income, immigration status and other factors determine eligibility
- Enrollment happens once each year between November 1st and January 15th
- Some life changing events might open a “Special Enrollment Period” or SEP

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Coverage Options

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COBRA


- Full premium
- Fully compare COBRA with other options
- Employer provides information about premium and signing up
- Call the HelpLine, 1-800-965-7476, for help comparing COBRA to other options

Medicare

- Age 65 and over
- Traditional Medicare; Parts A, B, Medigap or Supplemental, and D
- Advantage Plans sold by private insurance companies
- Contact local Area Agency on Aging for help signing up

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Other Options

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If you don't have MaineCare or Marketplace coverage and no other health insurance options are available to you, there are programs that may be able to help.

Sliding Scale Clinics and Hospital Free Care


- Available to people with limited income or without health insurance **if they qualify**.
- All Maine Hospitals must provide free care to people below a certain income
 - For example, a family of four with annual income up to \$46,800 can qualify for free care at Maine hospitals. Individuals and different family members may qualify for different programs.
- Some clinics and hospitals also offer discounts, reduced or free care for people with higher incomes.

Prescriptions and Dental Care


There are programs available that may be able to help if you qualify. Call us for help at 1-800-965-7476.

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We Can Help.

1-800-965-7476


- Call our free HelpLine **1-800-965-7476** and press 1.
- Leave a message with your name, telephone number, and the language you speak, if not English.
- Interpreter and translation services are available.
- We will call you back, usually on the same day.
- There is no fee for the services we provide.
- Email us at helpline@mainecahc.org

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Consumers for Affordable Health Care:

-  www.MaineCAHC.org
-  1-800-965-7476 HelpLine
-  helpline@mainecahc.org



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