



## Who can get help at Free Clinics?

Free Clinics can provide you with a number of basic health care services at no cost. Please note that most are only open at limited times.

Most Free Clinics provide services only to people with no health insurance, or people who are also within certain income limits. Some Free Clinics require that you are both uninsured and below a certain income level.

**Call the Free Clinic nearest to you to see if you qualify for their services.**

### **Biddeford Free Clinic and Dental Wellness Center**

282-1138

189 Alfred St

Biddeford, ME 04005

Open Mon. and Thurs., 6PM to 9PM

Patients must be uninsured. Must be a patient of the clinic to receive dental services.

### **Ellsworth Free Clinic**

667-7953

248 State St., Suite 16 Ellsworth, ME 04605

Patients must be uninsured. Call for an appointment.

### **Knox County Health Clinic**

594-6996

Bok Medical Arts Building

22 White Street, Rockland, ME 04841

Open Weds., 6PM-9PM. Must make an appointment. Must meet income guidelines for free care.

### **Leavitt's Mill Health Center**

929-6455

63 Main St., Bar Mills, ME 04004

By appointment only. Medical clinic, mental health counseling, and physical therapy. Must be uninsured.

### **Oasis Health Center**

721-9277

58 Baribeau Drive, Brunswick, ME 04011

(at Mid Coast Hospital)

Open Tuesday, by appointment only.

Must be uninsured, without a doctor, live in the greater Bath-Brunswick area and meet income guidelines.

### **Portland Community Free Clinic**

874-8982

103 India St, Portland, ME 04101

Open Monday 6PM-9PM, Tuesday 1-3PM and 6-8PM

Serves ages 18-64 only. Must make an appointment. Must be uninsured, without a doctor, live in Cumberland County and meet income guidelines.

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