



Who can get help at Free Clinics?

Free Clinics can provide you with a number of basic health care services at no cost. Please note that most are only open one day per week.

Most Free Clinics provide services only to people with no health insurance, or people who are also within certain income limits. Some Free Clinic require that you are both uninsured and below a certain income level.

Call the Free Clinic nearest to you to see if you qualify for their services.

Biddeford Free Clinic

282-1138
189 Alfred St
Biddeford, ME 04005
Open Mon, and Thurs., 6PM to 9PM

Ellsworth Free Clinic

667-7953
1 Abbey Lane Ellsworth, ME 04605
Patients must be uninsured. Open seven days a week

Knox County Health Clinic

594-6996
Bok Medical Arts Building
22 White Street, Rockland, ME 04841

Leavitt's Mill Health Center

929-6455
1013 Narragansett Trail, Buxton, ME 04093
By appointment only. Medical clinic, mental health counseling, and physical therapy

Oasis Health Center

721-9277
58 Baribeau Drive, Brunswick, ME 04011
(at Mid Coast Hospital)
Open Tuesday Evenings

Portland Community Free Clinic

874-8982
103 India St, Portland, ME 04101
Must meet income guidelines and reside in Greater Portland.
Open 8:30AM to 5 PM, Monday - Thursday
Our clinic hours (by appt. only) are Monday - Thursday evenings from 6PM to 9PM and Thursday afternoons from 1PM to 3PM

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